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ARLINGTON A's

WINTER 2025 OFFSEASON CAMPS/CLINICS DETAILS

NOVEMBER CAMPS



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The ANNUAL HITTING ROUTINE - \$85 (or \$160 for Both Nights)

Camps/Clinics:	The Hitting Routine	Mon. Nights or Wed. Nights or Both	Hitter's Edge Facility
		Nov. M-10, W-12, M-17, W-19	7:30-8:45pm
		Nov. M-24, T-25	9:00-10:15am (Thanksgiving Break)
	The Routine includes - Develop Bat Speed, Balance, Hand Eye Coordination, Improve Exit Velo, Rhythm & Timing Work, Mental Development, Hitting with Confidence		
Camp Instructors:	Dave Acton	Andy Adams	Josh Acton

JERRY BROWNE FIELDING INFIELD CAMP - \$125

Camps/Clinics:	Jerry Browne Fielding Camp	Sat. Nov. 22 & Sat. Nov. 29	Fossil Ridge HS
			10:30am-12:00pm
	ABOUT JERRY - Jerry "The Governor" played 10 years in the MLB. Jerry Browne is a former Major League Baseball second baseman. He played from 1986 to 1995. He also worked as hitting coach for the Syracuse Chiefs. One of Perry Hill's Disciples of Fielding and worked with Ron Washington.		
Camp Instructors:	Jerry Browne	A's Staff	

ARLINGTON A's OUTFIELD SKILLS CAMP - \$125

Camps/Clinics:	Outfield Skills Session	Sat. Nov. 22 & Sat. Nov. 29	Fossil Ridge HS
			10:30am-12:00pm
	Outfield Skills include - Drop Steps/Footwork, Angles/Routes, Communication, Playing with Wind, Sun, & other Weather conditions, Crow Hops, Situations		
Camp Instructors:	Dave Acton	Josh Acton	A's Staff

KELLY SHOPPACH/CALEB BARKER CATCHING CAMP - \$125

Camps/Clinics:	Catching Camp	Sat. Nov. 22 & Sat. Nov. 29	Fossil Ridge HS
			10:30am-12:00pm
	Catching Camp include – Receiving, Blocking, Framing work, POP Time work & Foot work, Catching IQ/Situations, and more.		
Camp Instructors:	Kelly Shoppach	Caleb Barker	A's Staff

COLIN CHARLAND/MIKE ADAMS PITCHING CAMP - \$125

Camps/Clinics:	Pitching Camp	TBA	Hitter's Edge
			Times TBA
	Pitching Camp include –		
Camp Instructors:	Colin Charland	Mike Adams	A's Staff

SPEED & AGILITY TRAINING - \$125 for Nov. (or \$225 for both Nov. & Dec.) (Includes All Dates)

Camps/Clinics:	Speed & Agility Training	Tue. & Thu. Nights	Fossil Ridge HS
		Nov. T-11, Th-13, T-18, Th-20, *T-25, *W-26	5:30-6:30pm (*T-25, *W-26 9-10am)
Camp Instructors:	Jared Acton (Certified S&C/Speed Trainer)	Josh Acton	A's Staff

STRENGTH TRAINING – Contact Certified Strength Coach Robin Thomas 817-360-8000

Camps/Clinics:	Personal Strength Training	Contact Certified Strength Coach Robin Thomas at 817-360-8000.	
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Robin has made a huge impact on our College/High School players since we have started with him! If you are looking to get stronger, he is highly recommended!



WINTER 2025 OFFSEASON CAMPS/CLINICS DETAILS

DECEMBER CAMPS

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The ANNUAL HITTING ROUTINE - \$85 (or \$160 for Both Nights)

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Camps/Clinics:	The Hitting Routine	Mon. Nights or Wed. Nights or Both	Hitter's Edge Facility
		Dec. M-8, W-10, M-15, W-17	7:30-8:45pm
		Dec. M-22, M-29	9:00-10:15am (Christmas Break)
	The Routine includes - Develop Bat Speed, Balance, Hand Eye Coordination, Improve Exit Velo, Rhythm & Timing Work, Mental Development, Hitting with Confidence		
Camp Instructors:	Dave Acton	Andy Adams	Josh Acton

JERRY BROWNE FIELDING INFIELD CAMP - \$125

Camps/Clinics:	Jerry Browne Fielding Camp	Sat. Dec. 13 & Sat. Dec. 20	Fossil Ridge HS
			10:30am-12:00pm
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Camp Instructors:	Jerry Browne	A's Staff	

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Camps/Clinics:	Pitching Camp	TBA	Hitter's Edge
			Times TBA
	Pitching Camp include –		
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		Dec. T-9, Th-11, T-16, Th-18, *T-23, *T-30	5:30-6:30pm (*T-23, *T-30 9-10am)
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